
Dr. Paul K. Ouimet BSc, DC, CCEP

735 Victoria Street
Kamloops, B.C.
V2C 2B5

Telephone: (250) 374-9700 Fax (250) 374-9785 Email: TotalHealthClinic@shaw.com

PROFILE

Currently in private chiropractic practice, providing Chiropractic case management, Orthopaedic and Neurological Consultations, and referrals for active Active Rehabilitation Programs.

AREAS OF EXPERTISE

- Biomechanical Assessment
- Chiropractic Case Mgmt
- Extremity Injury
- Neurological Assessment
- Spinal Decompression
- Sports Rehabilitation
- Orthopedic Assessment
- Active Rehabilitation
- PGAP Certified Provider

PROFESSIONAL DEVELOPMENT

Doctorate	Chiropractic- Life Chiropractic College West	1999
Degree	Bachelor of Science- University of British Columbia	1992

Further Developmental Initiatives:

- 2008 Progressive Goal Attainment Program (PGAP) is the first disability prevention program specifically designed to target psychosocial risk factors for pain and disability. PGAP is suitable for clients who are suffering from chronic pain condition, and for whom pain symptoms and psychosocial factors are significant barriers to rehabilitation progress.
- 1999 Certified Chiropractic Extremities Practitioner (CCEP) - diplomat program in management of extremity injuries including sports rehabilitation.

PROFESSIONAL EXPERIENCE AND SIGNIFICANT ACHIEVEMENTS

Health Quest Chiropractic

Chiropractor

February 2000- Present

Developed highly regarded multidisciplinary clinic including Chiropractic, Registered Massage Therapy, Kinesiology, Active Rehabilitation, Non-Surgical Spinal Decompression and PGAP services. Services also include "Boot Camps", specific sports or core oriented classes and personal training sessions within the community setting.

Welcome Back MRI and Pain Management Centre

Chiropractic Consultant

October 2007- 2013

Previously provided Orthopaedic and Neurological examination of tertiary care and complex patient referrals in a multidisciplinary setting. Interpretive use of MRI and 3D Fluoroscopy with physical examination results provide interactive discussions to determine further required testing, establish definitive diagnosis, recommended treatment protocols, and expected prognosis for each individual client. Also recommended Chiropractic care that is prescribed within the treatment protocols for each individual.

Life Chiropractic College West

Chiropractic Student Supervisor

July- December 1999

Supervision of interns providing Chiropractic care to the public within the clinical setting of the Life West Chiropractic School teaching facility. Some instructional content and evaluation of student technique was provided for public safety and student development.

Dr. Paul Ouimet BSc, DC

Growing up in the city of Kamloops provided me an appreciation for our beautiful province of BC and the great outdoors found in our area. After graduation from Kamloops Senior Secondary in 1988, I was able to pursue a UBC Bachelor's Degree in Science at UCC in 1992.

I have always enjoyed playing softball, hockey and skiing. As an avid skier, I volunteered in the local ski patrol at Harper Mountain and Sun Peaks for many years. I have been an active Rotarian 2001- 2013 providing aid and support to our local and international community. I have three grown children involved in a variety of sports and community programs in the Kamloops area.

I completed my Doctorate of Chiropractic at Life West Chiropractic College in California, as well as a one year diplomat in sports injury and extremity rehabilitation (CCEP) in 1999. I have been back in Kamloops practicing since 2000. We have a private practice involving acute care, maternity care, pediatric care and sport injury rehabilitation.

In 2008 I became registered as a Progressive Goal Attainment Program (PGAP) practitioner and have since joined another multidisciplinary clinic in Kamloops, The Welcome Back MRI and Pain Management Centre (2008-2013). This facility combines cutting edge technology (weight-bearing, Dynamic MRI, video fluoroscopy and ultrasound) with a diverse medical team (Neurosurgeon, Sports MD, Anaesthesiologist, Chiropractic, Physiotherapy, Massage Therapy, Occupational Therapy, Kinesiology, Psychology and Nutrition) for comprehensive medical assessment, diagnosis and treatment recommendations.



I have enjoyed being the Chiropractor to the Western Hockey League's Kamloops Blazers since 2001. I have also had the privilege of working with the Canadian Football league's BC lions during their training camps in Kamloops in previous years.



I appreciate your time and consideration to find out what is happening in our clinic, I hope to meet with you soon. Let the professionals at Total Health expedite your recovery, improve your functional Capacity and attain your health goals through early intervention, education and prevention.